LIGHT BITES

NACHOS (V) (GF) 875Kcal Topped with melted cheese, jalapeños, red onion, peppers, soured cream, guacamole & salsa - Add shredded Cajun chicken (GF) (377Kcal) for an extra £0	£8.50
VEGAN NACHOS (V) (VE) (GF) 765Kcal Topped with vegan cheese, jalapeños, red onion, peppers, guacamole & salsa - Add 3 bean chilli (84Kcal) for an extra £3.00	£8.50
CHICKEN YAKITORI SKEWERS 140Kcal	£6.00
SWEET CHILLI BUBBLE PRAWNS 4 222Kcal £6.00 8 324Kcal With sweet chilli dip	£10.00
SOUTHERN FRIED MOZZARELLA POPCORN 8 407Kcal 16 693Kcal	
GARLIC DOUGHBALLS (V) 142Kcal	£5.25
LOADED CHEESY CHIPS (v) 859Kcal Topped with melted cheese, peppers, onions & sweet chilli sauce	£5.50

PIZZA

MARGHERITA (V)

882Kcal

Mozzarella with tomato sauce £12.00

PEPPERONI

1140Kcal

Mozzarella & pepperoni £13.00

CAJUN CHICKEN

1096Kca

Mozzarella, Cajun chicken, red onions, peppers & jalapeños **£13.00**

MEAT FEAST

1473

Mozzarella, pepperoni, chicken, bacon & sausage £14.00

GARDEN (V)

922Kcal

Mozzarella, red onions, peppers, tomatoes, mushroom & sweetcorn £13.00

Downland on the App Store

25ml



HOT DOGS

CHILLI DOG

Smoked Beechwood Frankfurto

441Kcal **£7.00**

LOADED DOG

Smoked Beechwood Frankfurter, jalapeños, tomato salsa, crispy opion & cheddar cheese

441Kcal **£7.00**

PANINIS

BRIE, BACON & CARAMALISED ONION MARMALADE

CLASSIC

306Kcal

£6.00

890Kcal £8.25 MUSHROOM, PEPPERS & MOZZARELLA (V)

> 527Kcal £8.00

CAJUN CHICKEN
MOZZARELLA, TOMATO
& CHIPOTLE MAYO

830Kcal £8.25

BURGERS

BACON & CHEESE

Beef burger in a toasted brioche bun with bacon, cheese, baby gem lettuce

847Kcal £11.50

1/2

Pint

£2.50 £4.50

CAJUN CHICKEN

Cajun chicken in a toasted brioche bu with bacon, cheese, baby gem lettuce mayonnaise, tomato & gherkins

> 768Kcal **£11.25**

VEGAN BURGER (V) (VE)

Moving Mountain burger in a toasted brioche style bun with vegan cheese vegan mayonnaise, tomato & gherkin

> 640Kcal £11.25

> > Regular Large

ADD CHIPS (260kcal) TO YOUR BURGER £2.00

DOWNLOAD & ORDER VIA OUR APP >>>



BIRRA MORETTI 4.6% £6.40

FOSTERS 4% £5.50

GUINNESS 4.1% £6.50

BEER & CIDER

Add cheddar cheese (203Kcal) or cheese & bacon (323Kcal) for an extra £2.00

CHIPS (V) 519Kcal

HALF PINTS AVAILABLE

Please see the APP for the latest prices

Bottle

SOL 330ml 4.2% £5.00

BULMERS 500ml 4.5% £5.80

OLD MOUT CIDER 500ml 4% £6.25

HEINEKEN 0 330ml 0.0% £3.75

GUINNESS 0 538ml 0.0% £6.25

OLD MOUT CIDER 0 500ml 0.0% £5.50

SPIRITS

£4.00

GORDON'S 37.5% £4.25
GORDON'S PINK GIN 39.% £4.50
CAPTAIN MORGAN 40% £4.40
BACARDI 37.5% £4.25
SMIRNOFF 37.5% £4.25
JACK DANIEL'S 40% £4.40



SOFT DRINKS

COCA-COLA 112KCAL/239KCAL

DIET COKE 1KCAL/2KCAL £2.50 £4.50

LEMONADE 30KCAL/63KCAL £2.50 £4.50

ORANGE JUICE 117KCAL/233KCAL £2.50 £4.50

APPLE JUICE 128KCAL/256KCAL £2.50 £4.50

APPLETISER 275ml £3.50

FROBISHERS 275ml £3.75

TONIC & SLIMLINE TONIC 200ml £2.75

RED BULL 250ml

WE ALSO HAVE OTHER SPIRITS & OTHER SOFT DRINKS AVAILABLE ASK A MEMBER OF THE TEAM TODAY FOR THE LATEST DRINKS ON OFFER

TEA & COFFEE

AMERICANO 5Kcal/10Kcal £3.05 £2.75 CAPPUCCINO 109Kcal/154Kcal £3.15 £3.65 CAFE LATTE 109Kcal/154Kcal £3.15 £3.65 MACCHIATO 109Kcal/154Kcal £3.15 £3.65 ESPRESSO 5Kcal/10Kcal £2.90 HOT CHOCOLATE 268Kcal/308Kcal £3.10 £3.50 ENGLISH BREAKFAST TEA OKcal £2.70 £3.15 HERBAL TEA OKcal £3.05 £3.30



THE RANGE BAR @ REDBOURN

FOR A BETTER GAME